

## PATIENT OVERNIGHT TESTING INSTRUCTIONS ON OXYGEN

### Using Nonin Avant 9600

Your doctor has ordered this overnight oximetry test to measure your oxygen level and heart rate while sleeping, breathing room air.

**Please note:** Your doctor has requested you use your oxygen for this test.

Before you begin this test, please put on your oxygen at \_\_\_\_ Liters Per Minute (LPM).

### STEP ONE: SET UP

1. Remove any fingernail products from your fingers.
2. Make sure the cable is plugged into the oximeter securely.



3. Insert your finger all the way into the sensor probe, with the cord resting on top of your knuckle. Do not use your thumb.



### STEP TWO: BEGIN TEST

1. Turn the oximeter on by pressing the big blue On / Off button on the right side of the Avant 9600. You should see a set of orange numbers and a set of green numbers displayed on the screen.



2. In the PATIENT ACTIVITY LOG, document the date and time you began the test.

### STEP THREE: SLEEP

- Go to sleep.
- Please leave the oximeter on all night.
- Make sure the oximeter is secure, so that it cannot fall onto the floor.
- Do not remove the batteries, as this will erase the testing information.
- If the probe irritates your finger, simply change fingers.

### STEP FOUR: END TEST

1. When you wake up in the morning, turn the oximeter off by holding in the On / Off button on the left until the display is blank.
2. Remove the probe from your finger.
3. In the PATIENT ACTIVITY LOG, document the date and time that you ended the test.

**NOTE:** You were given additional pages to fill out. You must complete all pages and hand them to the courier when they come to pick up the equipment.

**PLEASE CALL US IF YOU HAVE ANY QUESTIONS OR CONCERNS ABOUT THIS TEST.**